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**Join WheelPower at our two fantastic, fun, family friendly
Feel Inspired Sports Camps at Stoke Mandeville Stadium on 5th and 6th
February 2020
for disabled children between the ages of 5 and 18 years old from across
the UK**

WheelPower, the national charity for wheelchair sport, wants disabled children to join us at our Feel Inspired Primary and Junior Camps on 5th and 6th February 2020 at Stoke Mandeville Stadium so they can enjoy a fantastic, fun and family friendly day of sport and activity.

Children attending will learn new skills and meet new friends which has a direct impact on improving their self-confidence, positivity and developing self-reliance. Disabled children are much less likely to be active than their non-disabled peers and our aim is to bridge the gap between mainstream school P.E lessons and the availability of accessible sporting activities for those who do not necessarily have these opportunities in the wider community. There will be a wide variety of sports on offer including archery, boccia, cricket, table tennis and wheelchair basketball.

The Camps have been designed to maximise enjoyment, achievement and participants will be encouraged to try new sports at their own pace. We aim to encourage the young disabled people to find a fun and inspirational way of staying healthy and getting fit in a safe and welcoming environment, which significantly boosts mental health and social aspects too. Both camps are free of charge and all activities are adapted to suit different abilities.

Sports Development Officer, Emily Weller comments: 'The camps provide the opportunity for children attending to try something new and do something different. At WheelPower we are passionate about sport and helping people take part in sport and physical activity. Camps such as these provide a fantastic platform for children physically, socially and mentally to come together and enjoy themselves through sport.'

Jessica Green who is one of the previous participants of the Camps Speaking about the Camps said, 'it's given me an amazing experience, I've met so many inspirational people, I feel healthier and happier, and the Camps have given me a more positive outlook on what I could achieve in life as a disabled person'.

For more information and to Register visit WheelPower's website here:
<https://www.wheelpower.org.uk/sport-events>

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Transforming lives through sport

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